

Contrasting the Head and Heart

Understanding the Importance of Our Hearts

This teaching on contrasting the head and heart is a practical application that companions the lessons set forth in "Matters of the Heart," our free [eCourse](#) for spiritual growth and emotional transformation. The 24 Main Healing Lessons from the course can be found in the downloads section in PDF and MP3 formats. They are also available in our [Store](#) as an eBook, a 176 page workbook and as CD and DVD sets of 24, 1/2 hour teachings.

Why the Heart Matters

Is your head too big, your heart too small? Enlightenment culture and the pride of man have over-emphasized the mind. The mind is a gateway: all thoughts have to pass through it, but the heart is the seat of power and controls the deep issues of life. In your head you may know that Jesus is Lord, but who reigns in your heart: Satan, self, or Jesus?



**For from within, out of the heart of men,
proceed evil thoughts... Mark 7:21**

Keep your heart with all diligence, For out of it spring the issues of life. Proverbs 4:23

It's not either or: We are contrasting the head and heart in order to highlight their differences, not to choose sides. Consider these differing qualities and operations: what the head does is vital and necessary; what the heart can do is sublime!

HEAD

Knowledge, facts
Physical sight
Likes
Thinks by logic
Analyzes
Holds consciousness
Ego resides
Center of the mind
Makes identifications
Holds ideas of God
Stores memories
Believes
Hears the words of others
Sees, plans, decides

HEART

Wisdom, understanding
Spiritual insight
Loves
Reasons by feelings
Meditates
Held by conscience
Jesus resides
Center of the spirit
Holds identity
Beholds the Image of God
Treasures remembrances
Trusts
Listens to the hearts of others
Dreams, envisions, determines



www.healingstreamsusa.org
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One More to Explore

Conviction Versus Condemnation

The difference between these two "voices" is like life and death.

Interested in Going Deeper?

Consider taking our free [eCourse for Healing](#). We have designed a complete series for personal transformation, "Matters of the Heart," to help Christians gain emotional freedom and inner healing. In all there are 24 Main Healing Lessons and 24 Head to Heart Guides to help you bring your heart to God and receive His Great Heart for you in return!

