

Feeling un **plugged**?

ACT! *fast to reconnect*

CONFIDENCE
GUIDANCE
PEACE
LOVE
JOY

Admit you need Him JOHN 15:5
Call on His Name ROMANS 10:13
Trust His promises 2 COR. 7:1
Act on His Word MATTHEW 11:28-30
! Rejoice in **JESUS!** 1 THESS. 5:16-18

Feeling Unplugged?

Illustrating a truth of [Steps to Freedom](#) (Main Healing Lesson 7)

We have an enemy actively “seeking whom he may devour,” always working to separate us from our God by weakening our trust connection or by diverting us from the path of obedience (1 Peter 5:8). We must be ready to “plug back into the Lord” whenever we start losing the peace and confidence He gives us, or we will quickly discover our lives embroiled in stress, anxiety, despair or other signs of captivity to the enemy. **A.C.T.! fast to reconnect** by 1) admitting that you need His help, 2) calling on His Name, 3) trusting your situation to at least one of His promises, 4) acting upon guidance He may give you by His Word or His Spirit, and 5) thanking Him for helping you even before the final resolution arrives. **Restored peace is always His sign to you of a solid faith connection on your part.**