



The Pick Ax of Praise

Illustrating a truth of [The Power of Believing](#) (Main Healing Lesson 13)
and [Mending the Broken Heart](#) (Main Healing Lesson 16)

Thanking God for our blessings is child's play compared to what is actually set before us as the answer to life's hardest problems. Counting blessings will lift anyone out of their low spirits—unless they are stuck in too much pain to think about anything else. To put this in perspective, you can easily thank God for all your fingers, unless you have just smashed one with a hammer! What do you do when you are reeling from the hammer blows of adversity and emotional pain? The Word tells us to thank God in all things and to thank God for all things. Not that He causes evil, but that He can overturn it and bring a greater blessing out of it than the enemy put evil into it. This radically shifts our perspective and liberates our heart. It takes a firm resolution to learn how to swing the pick ax of praise, but for those who do, *fountains of living water are released!*



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