

Teacher's Guide

Congratulations! If you are reading these words, you are very likely being called by the Lord to be a part of what He is doing to mend the broken lives of His Body on earth. How can you tell if you are being called? The slightest inclination or desire to see your friends and acquaintances living in peace and freedom is coming from Him. How can you know where it is going? Where it will take you? How deep the water is going to get? Well now, that's for Him to know and for you to find out—one step at a time. Our part is to help you get ready for the adventure! So, relax, this whole series has been designed with the novice in mind...

Section 1: Holding Meetings

What you need to have in place

Let's assume that you have the starter kit for doing ministry of any kind:

- A living faith in God through Jesus Christ
- A belief in the Bible as the Word of God
- A local church or home fellowship where you are a committed member
- A willingness to stay teachable and keep growing
- A heart seeking full submission to the Leadership of the Lord

What you need to have “in play”

This course was designed so that any (English speaking) believer, anywhere in the world, could discover these resources and take their own heart along on a journey to emotional health and then be able to bring their friends along. It is Inner Healing made orderly and understandable. Accordingly, all you really need is to go through the 24 lessons once just for yourself, gain the perspective, experience the liberating benefits, and then begin taking others on the same journey of applying Truth to the inner life. We call this “teachers with testimonies.” Once your own life is impacted in a positive way, you become the best person God can use to encourage others to give it a go. You are now a player!

What we supply

Much of this you may have already found as pages on the website:

- The 24 “Main Healing Lessons” (in logical order) and the 24 “Head to Heart Guides” that provide ways to work the lessons more deeply into the inner life. There are also “Life Application” lessons and the visual aid “Illustrations” to help people to “get it.”
- These lessons can be copied right off the web pages. You can also go to the download section for PDF's of each of the 24 workbook sections and all of the illustrations. The web store contains a 170-page Workbook which you can purchase as a PDF download or order as a book to come in the mail if you want to have us assemble it for you.
- The main lessons are also available as MP3's, CD's and DVD's through the web store. And you can go to youtube.com/healingstreamsusa to download MP4's.
- Under the “New Life” navigation tab you will find a page called “Of Ministry to Others” which has a lot of helpful information about teaching and prayer ministry, in addition to what is in this pamphlet.
- Email us and we will make every effort to respond to your questions in a timely way to provide what coaching we can from the sidelines.



A typical meeting

Bathe everything in prayer and seek the leading of the Lord for specifics, but in general:

- Start with the people you know. Grow through the people they know. Ideas for reaching out to others will come along as you pray and progress.
- You can hold meetings of any size (from 1 or 2 on up), but if you want to encourage conversation the group probably needs to be less than 12, certainly less than 16.
- These lessons can easily fit into a Sunday School time frame, doing one a week. They are perfect for home meetings where you could even do two lessons at a time.
- We recommend that everyone have a copy of the workbook, if that is possible, because this greatly reduces the need for note taking and ensures that people can readily go deeper in the lessons on their own. What we are seeking to cultivate is a radically different way of looking at and handling our emotional life, a way this is very Biblical, but greatly at odds with the way many of us developed on our own. Changing over requires revelation (seeing the new way) and repetition (establishing the new way). Revelation can happen in one sitting, but without repetition it won't stick. Many people have to go through these teachings and ministries several times. We who have taught these truths for years, keep growing in joy and freedom as a result of our continuing immersion in them.
- Begin the meeting with the lesson. This can be done by audio, video, or by one of the group reading the written material (both introduction and lesson summary). You can of course do the teaching yourself in your own words and style. We have coaching for that later in this booklet. This takes one half hour if you use our materials.
- In the next half hour (or longer if you have more time) you have many choices. The Head to Heart Guides contain exercises, discussion questions, more scriptures to study, and prayers that can be made by the group as a whole. There is also a section of group confession and renunciations that are very effective for the stronghold teachings. This needs confident and firm leadership—see the notes. The final “Putting Feet to Your Prayers” sections are especially helpful for getting your participants “off the couch” and into engaging their issues. This section is a must for Lesson 15: Freedom through Forgiving and Lesson 18: Love Thyself!
- Love, love, love. Teach, teach, teach. Encourage, pray, bless. That's it!

Section 2: Giving Talks and Ministry while Teaching

Elements of a good talk

Effective teaching is eternal truth conveyed through human personality. It is important to be relaxed and to be yourself for the Holy Spirit wants to work *through* you, not apart from you. Even so, always keep in mind that it is truth you are presenting, not yourself.

- **Scripture, scripture, scripture**—pick several key scriptures (**2 or 3 to focus on**) and seek to plant them deeply in their minds and hearts. This is what the Holy Spirit will most powerfully use to liberate them in the walk out. Then scatter other scriptures generously about.
- **Key insights** and teachings from the lesson.
- **Personal testimony**—keep it short and sweet and serve it very **HOT** (**H**onest, **O**pen and **T**ransparent!) Keep a balance between what the enemy did in your life to take you captive and what the Lord did to set you free—don't give the work of the enemy too much air time! Also, use bite size bits of your testimony to demonstrate how to walk and issue out. Be sure to read the guidelines for sharing personal testimonies.



- **Testimony of science**—quote a sentence or two from articles showing the mind-body connection as it is being established by medical science, if it supports your teaching—but never read a long article.
- **Humor** (bring in appropriate jokes or use your own).
- **Ministry**—at appropriate times, as the Spirit prompts you, lead confessional times of group repentance. This applies mainly to the stronghold teachings, but always seek to stay sensitive to the need for prayer. If someone opens up an issue we want to stop and pray for it right then and there (with their permission, of course). However, do not try to do counseling in front of the whole group—this is almost always a derailment of the meeting. Counsel can be given later—if it is still needed later. Simply pray the issues into God’s hands and let the Lord work with the individual as you continue to lead the group. See more on this below.
- **Beware of doing long readings or long quotations**—people have little capacity for taking it in—unless it is very good and read very well.
- **Tone: *float like a butterfly, let the Lord sting like a bee***. Our job is not to try to convict people but to simply put the truth before them and let the Lord bring conviction. Speak to the Bride, not to the old man! (ie. Love them into truth; don’t badger or berate them.)
- **Above all else remember this:** the goal is not primarily to give “a good talk.” Don’t focus on that. The goal is to get some truth, some message that is really important to you across to them, because you believe with all of your heart that they need that truth as much as you. This actually frees you from being self focused and sets your heart on fire to share the truth that is burning inside of you to be expressed. So get your passion and clarity up about what you want to share and let it become so important to you that it drowns out pestering concerns for how the message and you will be received. This is the secret of effective teaching and preaching.

How to use illustrations and personal testimony

You will have to be careful whenever you speak of yourself, because this always creates the possibility for fallen self to be activated through self-focus. And self is satan in disguise.

- **Never overshadow the truth** you are teaching by mere experience. Personal experiences illustrate truth; they don’t establish it. The truths you are teaching are what the Holy Spirit will use to help them in their time of trial, not your own stories. They may love you for your stories, but it is only the love of the truth that will save them in their dark hour. In heaven they will thank you for the truths you imparted.
- **Follow the 80/20 principle:** 80% teaching; 20% personal testimony or illustrations. The truths are the meat and potatoes; the personal testimonies are like the gravy that makes truth taste great. But no one can live on a diet of gravy.
- **Teach truth, not just so people will know it, but so that they will be saved by believing it.** You will communicate effectively what you are passionate about them getting! Know and be convinced of what they need to get out of your teaching.
- **Beware of “glory” stories.** For every 2 personal victory stories, be sure to tell at least one story of failure or of struggle to get something that was hard for you. People can relate better to you if they see your common humanity. It gives them hope if they see that you are just like them: goofed up and having a hard time getting it. Beware of the subtle pride that wants to appear glorious in victory—even if you imagine you are giving glory to God, you might just be basking in His Sonshine instead.
- **Beware of “gory” stories.** On the other hand, don’t share about areas of your life that are still raw and bleeding. Things that are too unhealed will cast a shadow or a



burden on them that will distract them from truths you are teaching, or worse, you will speak from the darkness of your unhealed perspective instead of from His light.

- **Resist telling stories that put another person in a bad light**—and you in a good light. This may be a subtle way of getting revenge on people who have hurt you and also of making you a victim or hero in the class's eyes. If you have to share something negative about someone, be sure you do it in a way that honors their dignity as a person. Don't encourage people to judge someone with you, or laugh at someone.

Section 3: Prayer Ministry during Teaching Times

Leading group confession and ministry times—during the talks

This applies mainly to the stronghold teachings. Be sensitive to the ministry moments as they may arise while you are doing the teachings. John Wimber, the founder of the Vineyard movement, would purposefully teach until the Holy Spirit began to fall on the people. Then he would immediately stop teaching and begin praying for healing. Only the Lord knows how to mend broken hearts—we have to learn to watch for His timing. He is watching every heart far better than we can and knows when people are ready to surrender, trust and pray. Always ask permission to open an issue for confession and prayer. Many times the person who breaks open has a need which others can relate to and your prayer will model something for the whole group to learn by and join in praying for themselves.

4 steps taken from James—the Wellsprings model

1. **Submit:** lead them to confess the sin and then either repent of the sin or do the forgiving. True submission means being willing to surrender everything to God. But it begins with being willing to confess and forsake the sin under conviction.
2. **Resist:** lead them to renounce the lies of the enemy, fall out of agreement with the sin, then take authority over them and break his power, cancel curses and assignments and drive out any darkness.
3. **Draw near:** pray for restoration asking the Lord to renew the mind and heal the broken heart.
4. **Listen:** let God speak or give visions or impressions; then after some silence, to share what God has said or done

Section 4: Group Ministry at End of a Lesson

Renunciation list ministry at the end of each stronghold teaching

- Take time to go over the renunciation lists asking them and the Holy Spirit to note which areas they most need to deal with. Let them repent before the Lord inside themselves as you talk through an explanation of different specific sins.
- Lead them in out loud group repentance for personal *and generational* involvement with each sub-group of the stronghold, one group at a time.
- Break generational curses, bind the spirits and command them to go. See the model prayer for a leader on page 6.
- Then follow steps 3-4 above allowing time for the Lord to minister.
- Finish by casting out the strongman and praying for the Holy Spirit to fill and bless them.



Section 5: Individual Ministry at the End of a Seminar

These guidelines apply to the time of individual ministry that we normally make available at the end of our seminars—after all teaching is finished. Depending on the number of attendees and the number of ministers we may allow 20 minutes to an hour for the ministry time. We like to have teams of two with men praying for men and women for women or a man and woman together on the team praying for either gender. We discourage a team of two of the same sex praying for an individual of the opposite sex and one on one prayer.

Guidelines for prayer team members

- There is to be one team leader who will do the interviewing and leads the prayers. Others on the team are there to pray and to discern, writing down what they discern and passing it to the leader (speaking only with permission). One person may act as scribe to keep a not too detailed record of the ministry and to write down the scriptures ministered to give to the person being helped.
- Know that the person's healing and progress in the Lord does not depend upon you. Let the weight of the concern for the ministry time truly fall on Him.
- Begin with introductions. Open with prayer. Encourage them with appropriate scriptures and by reinforcing their faith with reminders that God loves them and wants to heal and free them (keep it brief).
- Because we normally allow less than an hour with each person, focus on one key issue that is still unresolved. Do not let them ramble or go into a lot of personal history—keep them and yourself focused on the one issue. Go for a second or third issue only once the first one has been processed with prayer.
- This is not a time for your own testimony, for preaching or teaching, or for counseling. Seek to identify the spirits behind a stronghold that they have been wrestling during seminar and then minister to help them receive deliverance.
- Think of this ministry as ministering scriptures and ministering by prayer—this is not a time for counseling (which we do not do for legal liability reasons) or for teaching (which they have had a lot of already during the seminar).
- Be careful how and where you touch people. **Ask permission** to lay on hands. Don't pressure people to repent, if they aren't ready. Refrain from praying out loud in tongues to avoid confusion or giving offense.
- Leaders: once the spirits are discerned, show where they need to fall out of agreement, lead them in renunciations for generational sin and individual sin. Then break the power of any curses and cast out the spirits. Remember that forgiveness of others must come first, before self forgiveness can truly be ministered.
- Make sure they have come to at least a measure of peace and release before closing. Finally, bless them and **pray for infilling**. Encourage them and remind them of the journey to freedom that now lies before them.



Section 6: Prayer Ministry Leader's Guide

We have talked all week—now is the time for prayer! Remember the heart is still broken wherever hurt or pain is still felt in the memory. Only Jesus can heal the broken heart—prayers of repentance and reconciliation are necessary for Him to be able to do His work.

- Introduce yourself and your prayer partner(s)
- Pray to open the session.
- 2 questions to ask to help them get focused. It is OK to start with where they are at (present fruit), but always be looking for the roots (which often go way back to birth family relationships).

What key issue(s) are you still struggling with?

Where does it still hurt?

- If they are not sure, begin with their earliest relationships and earliest memories. Then take the pain and apply the keys of the kingdom once you ask them: “are you willing to pray/forgive/confess/believe?” (whichever is needed)
 1. Repent (of any agreements with the enemy) and receive forgiveness.
 2. Repent (of the sin of un-forgiveness) and give forgiveness
 3. Repent (of any unbelief) and choose to believe God's truth as it applies.
- When the prayers are completed, rebuke any spirits you discern, then pray for God to heal the broken heart, and ask Him to speak to them.
- Allow time for the Lord to speak. Ask what they have heard.
- Close with prayers of thanksgiving and infilling.
- Remind them to “walk it out” by applying these teachings!

*In your ignorance, you sinned. In their ignorance, they sinned against you.
Are you willing to forgive? If not, are you willing to confess that as sin?*

- Let the Holy Spirit convict—do not “force” recognition of a sin upon them.
- If they will not take steps to forgive, gently speak to them about the necessity of forgiveness and let them know that we cannot minister beyond that point.
- Ask if they will at least pray the “Lord, help me want to want to forgive them prayer” as an invitation to God to begin working with their hearts.

Model prayer by the person needing ministry

I renounce _____ in the generations of my fathers and I repent of having walked in it myself. I repent of my own sin(s) of _____. Forgive me and break its power over me.

Model prayer by the leader

In the name of Jesus I come against any spirits or curses in the generations of your fathers that are associated with _____. I break your power and cast you out and I cut through all ties of generational bondage to _____ in Jesus name.

In the name of Jesus I take authority over all spirits associated with _____. Come out from the core of their being. I break your power and I cast you out in Jesus' name by the power of his Spirit. (and/or by the power of his shed blood)