Heart to Heart

Bringing our hearts to Him, Receiving His Heart for us!

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Hot off the Press!

Dear,

How can you hold your heart steady during times of chaos, change or conflict? Learn to live in the Land of Promises; become "Expert" at giving thanks; and get on board with "The Waiting Game." Enjoy these insights for gaining mastery over your emotional state and take the "Nestea plunge" into the River of Peace...

Steve

In Praise of Promises

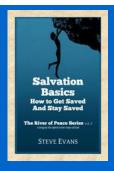
One way you can always get a victory...

I wish I had learned this as a young Christian: We live in peace and joy by believing the promises. I kept working hard to change my realities (inward and outward) so that I could get peace and joy flowing better. But the new life--the true life of the New Creation--is lived in the Land of Promises, **not the land of** Perfection.

Heaven only is perfect, but even where heaven is concerned, while I'm *here*, if I want peace and joy at the thought of my dying, or at the thought of my eternity, I can only experience heaven's peace and joy by believing the promise--in this case the promise of John 3:16 that all who believe will not perish but enjoy eternal life forever.

Once I die, of course, I will immediately be living in the land of Perfection and I won't need to believe the promise of eternal life, because I will be living in the peace and joy of Eternity as an experiential reality. Living in the Kingdom of heaven on earth, however, means that I will have to learn how to live by believing promises in order to experience an unbroken flow of peace and joy. Why?

Because down here we always will have problems, lots of problems. The more successful you are at managing things, the more problems you will eventually have to manage; the more people you love, the more their problems will become your problems and concerns; the more you want to be close to the Lord, the more you will see even the problem of "little sins" working against you and getting in the way. How do we escape the stress and pressure of a life filled with so many problems? By

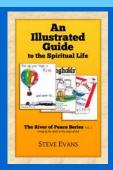


Salvation Basics: How to Get Saved and Stay Saved

118 pages: \$7.00 16 questions that seekers of God and new converts want to find answers for.

Available through Amazon.com as paperback or Kindle editions.

Hot off the Press!



An Illustrated Guide to the Spiritual Life

56 pages: \$10.00 24 full color illustrations with devotional descriptions and prayers.

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believing the promises!

The "great and precious promises" are given to us so that "through them" we can partake of God's own nature: His peace and joy live in us whenever we choose to live by believing one of His promises, rather than focusing on the problem we face (2 Peter 1:2-4).

Whenever we see a problem, we look to Jesus to see what He is promising us that is greater than the problem! Then we can relax during the "in between time" while He is working with us on that care or concern which (through our trust in the promise) we are now casting on Him. Otherwise the problem is working on usstealing our peace and joy.

The promises are given so that we can find life while we are waiting for *the Problem Solver's promised help*!

Three Stages of Giving Thanks

Just in the nick of time for Turkey Day...

I nearly killed myself the first time I went skiing through over enthusiasm. I skipped the Beginner's slope and advanced myself too quickly to the toughest of the Intermediate slopes. Soon I was flying out of control on a downhill run to disaster that fortunately was narrowly avoided. But even I (as hare-brained as I was in those days) knew better than to get on the Expert slope--it looked like it was falling off the edge of the world!

This image gives me a framework for viewing **the three stages of learning how to give thanks to the Lord**: Beginner, Intermediate and Expert. Since I am someone for whom giving thanks has rarely come easily and naturally, I had to work this out the hard way.

From my earliest years in the Lord I have kept Augustine's prayer in a prominent place, first on my walls, then in my heart: "Lord, You have given us so much. Grant us one thing more: a grateful heart." I am grateful that even gratitude is something that we can ask for His help in receiving.

- **1) BEGINNER**: This is a piece of cake! It is learning to thank God for present blessings when you are *feeling blessed*. This is appropriate and right, adds to present pleasure, and reminds us that it is God (not Self) who deserves our praise and admiration for our good fortune.
- **2) INTERMEDIATE:** This is a bit more difficult. It is learning to thank God for the blessings that are still present even when you are *feeling un-blessed* (usually by the absence of something you want or the presence of something you don't want). This handily shifts our focus back to the reality of the many blessings we are still receiving, enabling us to enjoy them, and restores our focus on the faithfulness of God, enabling us to trust Him better with the problems that remain.

<u>The Missing Peace:</u> <u>Recovering a Whole Life in a</u> Broken World

194 pages: \$15.00 Emotional healing made understandable and d<u>oable!</u>

Available through Amazon.com as paperback or Kindle editions.

Hot off the Press!



Matters of the Heart:A Workbook for Personal Transformation

276 pages: \$20.00 With exercises to help you bring your heart to God and receive His Heart for you.

Available through Amazon.com as paperback or Kindle editions.

Video Shorts

Stress Effects

What emotional stress does to your body.

Holes in the Heart

A life lesson learned on a Honduran road.

A Warrior's Heart

Joyce fought Lupus and and abuse and won.

Resources



Matters of the Heart 176 page Workbook 24 part CD series **3) EXPERT:** This is a true challenge! It is learning to thank God for the very things you don't like (the "anti-blessings") even when you are feeling decidedly un-blessed! If you want to be a true lover of God, if you want to live steadily in the flow of His Spirit, you have to learn how to do this. So, thank Him for your many opportunities to practice it! That's a good beginning towards becoming a fully equipped "spiritual warrior."

See the full illustration, a better explanation, scriptures and prayers by following this link to the **Pick Ax of Praise**:



The Waiting Game

This takes some getting used to...

Derek Prince once said that you could ask anything of a man and he would gladly try to do it--climb a mountain, go to war, build a house. **Anything, except wait.** Anything but that! About that time I read in a book that Jesus was "the slowest Person" you could ever hope to meet.

This greatly alarmed me as a young Christian: I was a man in a hurry. I had what I called "the impossible list" that my assistant and I pursued every day with the business; I had Great Expectations of results in every area of endeavor, especially witnessing; I was striving hard to see if I was going to turn out to be the kind of Christian man Jesus would say "well done" to. It was a formula for "burn out," but then, if you leave anything on the grill too long it will end up becoming "well done," though not in the way Jesus had in mind.:)

Eventually, the Lord introduced me to the Waiting Game. He loves to play it! If you throw a fit and hold your spiritual breath until He gives in, give up: He can outlast you. If you lose your sense of decorum and start demanding *immediate* results (of a kind that pass with your approval), give up: He can out wait you. But that's just *one* version of the game: the "Tantrum Version."

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Featured Video



Mercy of the Son with

Happily, there is also the real but rare "<u>Victory Version</u>" (everyone's favorite) and the very common "<u>Wait and See Version</u>" (which is struggling to get a fan base). In the Victory Version, we are told to wait, stand still, and watch God do *all* the work that gains us victory in our area of need (see Moses' jubilant account of this at the Red Sea in Exodus 14:13).

The Wait and See Version needs some explaining--and plenty of salesmanship--for any of us "speed demons" to get on board with the game. Unlike the Victory Version, results don't come racing at us before our very eyes! There is also a lot that is expected of us: For instance, I have to:

- 1) Truly cast the care on the Lord so He can start working with it.
- 2) Fully receive back from Him His peace as a sign that I have let it go.
- 3) Be content to take my eyes off of the problem ("prayer concern" for the more spiritual) that has been stressing me.
- 4) Stop sneaking peeks at the situation to see how it is coming along.
- 5) Keep my eyes open for His directions, but that is easier to do now that I'm watching God, not the problem.
- 6) Go to work on whatever He has for me to be doing in the meantime, even if it is totally unrelated to my area of concern (a thing He wants me to do, not the thing I want Him to fix), and then...
- 7) Be ready to act in concert with His guidance when He shows me my part to play in working out my area of concern.

See how my "doing" comes into play, but it comes along last-after I have played the Waiting Game!

From We to Thee Preparing for the Harvest...

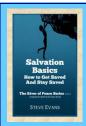
From the pages of our new website **forerunners4Him.org** has come a new book:

Salvation Basics: How to Get Saved and Stay Saved.



This is also the book that the men at the Mission have helped me to write. It has been through working with them that I have gained far more clarity (I believe) into the deeper issues of how to stay saved. Hey, we all know that getting saved is easy--it is staying in the joy of His salvation (Ps 51) that is the tricky part. Check out a sample at <u>amazon</u>.

We will supply this book at half price (for orders of 10 or more) to any group or individual wanting to distribute them to seekers and new believers!



Steve and Eunice

Truths with Traction!

A lifetime of learning has gone into the workbook that forms the basis of what we teach. Steve likes to say that these truths have been field tested! They are "truths with traction," guaranteed to get your emotional life unstuck from those pesky



stronghold areas that the enemy loves to bring our walk to a halt with.

All it takes is a small investment your time and treasure to have so many secrets of the heart opened to your understanding. In our seminars it is a constant thrill to see "the lights go on" for the students. Now you can have the seminar experience in the comfort of your own home! How can you resist? This is the 176 page 8 1/2" x11" ring-bound booklet that we use in class.

Our Price: \$17.50

Available as a download: \$3.00

Healings Streams is a Christian ministry dedicated to helping people find peace and freedom from troubling issues of the emotional life. Such deep roots often become the source for a host of stress related diseases, psychological disorders and addictions. Even so, our goal for people is not just escape from emotional stress and its consequences, but full entry into true Kingdom living-plunging into the river of Peace that flows all around us from the throne of Grace.

Let's all jump in!

Sincerely,

Steve and Eunice Evans

Healing Streams Ministry

A branch of Forerunner Ministries, Inc.